

Teach-Back

Measure your success



Each day record your scheduled number of patients.

Follow-up every time you ask for a Teach-Back, give yourself a gold star



- Know your patients understand their plan-of-care
- Patients feel respected and heard
- Reduce re-work with fewer after-visit questions

FROM THE DESK OF
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Date: 10/1/23
of Patients: 16

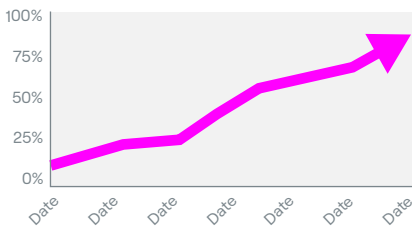
Instructions: Place a sticker for every patient that you ask for a Teach-Back at the end of your conversation



Track your progress

Measure: Number of Stars / Number of Patients

Dr. Sanchez: Teach-Back



→ [Link to the research](#)

Close every visit with the **Teach-Back Method** by simply verifying your patients know how to take care of themselves. Verbally have them repeat-back the diagnosis and plan-of-care, then visually give them a written/electronic reference including patient education and next steps.

Start the conversation like this...

I want to make sure I have explained this well.

We have covered a lot here. I want to make sure I was clear about what is most important.

Tell me what you heard in your own words and then I'll know what I left out.

How will you explain this to your significant other and/or family member when you get home?

Show me how you will take these medicines when you get home.

For your safety, I want to make sure we are on the same page.